

LFDesigns



“Some people look for a beautiful place, others make a place beautiful” — Hazrat Inayat Khan

Introduction

Stick to the things you really love. An honest room is always up to date. — Billy Baldwin



Probably the biggest lesson I have learned about design in the last 25 years is, a truly beautiful home is created over time. Sure, we can create a great foundation. The perfect paint colors, and wallcoverings, comfy furniture and gorgeous art work, but these are not the elements that truly make a home beautiful.





You can design and create, and build the most wonderful place in the world. But it takes people to make the dream a reality. — Walt Disney

People create the beauty. People add the energy, the love, and the laughter. If you think about the design of your home as a reflection of yourself, you can't really go wrong. Interior design is where art meets the individual, it's all about self expression. Starting from this point really will assure you success. Now we can add some other design elements.

Lighting

Natural, artificial, overhead, table, LED, - try to add as many different kinds of lighting to your space as possible. Keep window treatments off the windows, let in as much natural light as possible. If it's a dark room, consider adding mirrors. Adding dimmers to any overhead light fixtures is also a bonus. The idea of controlling the light in your space, is key. Lots of natural daylight versus cozy evening with candles and table lamps. Use lighting to reinforce what is going on in the space. Meaning, if you're serving dinner, try turning down the overhead light. This is one of the easiest, cost effective ways of creating spaces with intention.





"A cluttered desk is a sign
of a cluttered mind"
- Albert Einstein

Organization

After natural light, the organization of a space is huge.

Everything needs a home.

If everything doesn't already have a home, it should!!

A box, a shelf, file cabinet - something.

The peace of mind and quietness that come from a tidy space is really really important to
overall well-being.

Clutter is delaying making a decision.

This is why Marie Kondo's method works so well.

Choose what you want to do with every single piece of paper that comes into the house.

If you are collecting clutter, ask yourself, what decision am I delaying?

Then come up with a plan for those pieces of paper.